

BLUE HERON

REPORTER

CAMP ERIN ALUMNI NEWSLETTER, WINTER 2011, ISSUE 14

Seasons Greetings Camp Erin Alumni!



*New friends share a smile at
Camp Erin San Diego*

As the snow begins to fall and the days become shorter, we can celebrate all of the great things that have happened this past year. The holiday season can be a time of reflection and comfort and is perfect for new beginnings. Get out the decorations and tasty treats, and enjoy the company of friends and family. The holidays can be

difficult, especially when we are missing a loved one. Remember the good times and be open to making new memories.

This issue of the Blue Heron Reporter is full of helpful advice, puzzles and information for the days when you want to take a break from the cold weather. We have included tips on how to celebrate the holidays and honoring your loved ones at the same time. We have 'In The Bullpen with Jamie Moyer,' a trivia contest – with a prize for the winner, an exciting crossword puzzle and be sure to take a look inside at the section on coin drives. It offers a great opportunity for you and your classmates to get involved and raise awareness so that other kids can learn about Camp Erin too. We, at The Moyer Foundation, wish you a fun, safe and happy holiday season!

CAMP ERIN SPOTLIGHT: CAMP ERIN INDIANAPOLIS



Camp Erin Indianapolis staff in Seattle

Hello Camp Erin Alumni!
In this issue the spotlight shines on one of our newest partners to the Camp Erin family - Camp Erin Indianapolis.

WHAT INSPIRED COMMUNITY HEALTH NETWORK TO GET INVOLVED WITH CAMP ERIN AND THE MOYER FOUNDATION?

Community Health Network has a long and strong commitment to the children in our community. While planning a camp of our own to fill a gap in services in Indianapolis, one staff member came across The Moyer Foundation and Camp Erin. After investigating The Moyer Foundation, the Moyers themselves, Erin Metcalf, and Camp Erin we were impressed and inspired by the commitment to relieve suffering and saw a strong and natural partnership.

WHAT DID YOUR STAFF TAKE AWAY FROM THE CAMP ERIN WEEKEND?

Our leadership team felt a great deal of success in our first camp. Each leadership team member saw their contribution to the whole and we became a Camp Erin team rather than people working together to put on Camp Erin.

NOW THAT YOU'RE YOU HAVE YOUR FIRST CAMP ERIN SEASON UNDER YOUR BELT, WHAT ARE YOU MOST EXCITED ABOUT FOR NEXT YEAR?

We are working some lessons learned (more walkie talkies, more golf carts!) with fresh ideas into camp planning. Our team can't wait to get together to start the process and we can't wait to meet our campers. Camp Erin Indianapolis is August 3-5, 2012.



CAMP ERIN SNAP SHOTS



Canoeing at Camp Erin Tampa Bay



Camp Erin/TAPS - Ft. Hood



Camp Erin Lewis - Clark Valley

Hints For The Holidays!

The holiday season can be an exciting, but difficult time when we are remembering the loss of a loved one. Here are some hints to help you get through the tough times and get the most out of this special time of year.

- **REALIZE THAT THIS IS GOING TO BE AN EMOTIONAL TIME** for you as well as the rest of your family. Don't be afraid to express your feelings. Allow people to comfort you and in turn comfort others.
- **AMONGST ALL THE EVENTS AND CELEBRATIONS, MAKE TIME FOR YOURSELF.** Do something that you enjoy. Grab a good book, or watch a favorite movie. The possibilities are endless!
- **TAKE ADVANTAGE OF THE WINTER WEATHER.** If you live where there is snow, get outside and play in it. Go skiing, sledding, or build a snowman. If you live somewhere warmer, use the cooler weather to take a hike or ride bikes with friends.
- **GIVE BACK TO YOUR COMMUNITY.** Visit a soup kitchen, donate a gift in honor of a loved one, or make a card for family members. Perhaps start a Coin Drive at school.
- **DON'T BE AFRAID TO HAVE FUN.** Sometimes the holidays can make people tense and unsure of how to act. Honor your lost loved one by enjoying the holidays to the fullest. Smile, celebrate and don't forget to laugh.

ABOUT THE MOYER FOUNDATION

The Moyer Foundation – (a public, 501 (c) 3 non-profit organization) headquartered in Seattle, WA, was founded in 2000 by World Series champion, pitcher, Jamie Moyer and his wife, Karen. The Foundation's mission is to empower children in distress by providing education and support – helping them to live healthy and inspired lives. For more information and to get involved go to www.moyerfoundation.org

FOLLOW US!  

FUN FACTS

- Did you know the first breakfast cereal ever produced was Shredded Wheat?
- Rudolph was actually created by department store, Montgomery Ward, in the 1930's as a holiday promotion to entice shoppers to come into the store.
- In 2008, residents of Maine built the world's biggest ever snowman. It stood at 122 feet 1 inch tall, and beat their previous record of 113 feet!
- Did you know that celebrating the New Year is a tradition that dates back nearly 4000 years?
- Practically every location in the United States has seen snow. Even the most southern parts of Florida have seen a few flurries.
- All snowflakes have 6 sides, yet no two snowflakes are alike.

The world's tallest snowman taken in Bethel, Maine



COIN WARS DRIVE!

RAISE AWARENESS AND SUPPORT YOUR LOCAL CAMP ERIN

Camp Erin Alumni, we are excited to share a fun way to raise awareness and support Camp Erin in the classroom. Start a coin wars drive. We have everything here to get you started but feel free to get creative and tailor to your classroom needs.

Each homeroom competes against each other to raise the most money by collecting coins. Homerooms receive points based on every coin that is collected. The values are:

- 1 point for pennies
- 2 points for nickels
- 3 points for dimes

Homerooms can "raid" other homerooms with quarters. For every quarter your homeroom collects, it will subtract 5 points from a rival homeroom. Cool thing, you

get to choose the homeroom. Example: If your homeroom brings in 10 quarters – you can "raid" 10 homerooms and subtract 5 points from each of their totals, or chose one homeroom and "raid" them with all 10 quarters, which would subtract 50 points from their total. There are no rules so you and your classmates can think of the best strategy.

HELPFUL TIPS:

- Have each homeroom decide on a person or a committee of students to be in charge of keeping an accurate count of your points.
- Talk with your teachers and administrators. Figure out how long the coin war will last. At the end of each



week, share your totals with the other homerooms. This will help you figure out what homerooms you will need to "raid" the following week.

- Offer a prize (a pizza or ice cream party) to the winning homeroom.
- Be sure to share the message of Camp Erin. Contact us at info@moyerfoundation.org to receive Camp Erin brochures.

IN THE BULLPEN WITH JAMIE MOYER



HI CAMP ERIN ALUMNI! In the last issue of the Blue Heron Reporter we announced that I am hosting a question and answer section and WOW, what a tremendous response. Thanks for taking the time to send in all of your questions. Enjoy! **FROM, JAMIE**

Q: WHEN YOU WERE A KID DID YOU ALWAYS KNOW YOU WANTED TO BE A PROFESSIONAL BASEBALL PLAYER? When I was a kid my dream was to play major league baseball. My dream has come true through a lot of hard work and dedication. You too can fulfill your dreams by chasing them with hard work, and believing in yourself and your talents. Good luck!

Q: WHAT'S YOUR FAVORITE MOVIE? My favorite movies are Ferris Bueller's Day Off and Ocean's 11.

Q: CAMP ERIN REALLY HELPED ME AFTER I LOST MY DAD. WHAT IS YOUR FAVORITE PART OF CAMP ERIN? I am sorry for your loss. My favorite part of camp is being there with all of the campers and trying to support them through their tough times. At the same time I try to teach them to remember their loved ones in a positive way.

CAMP ERIN TRIVIA

BOY DO WE HAVE A TRIVIA CONTEST FOR YOU! Listed to the right are five trivia questions around Camp Erin, answer them correctly you will earn a chance to win an autographed Jamie Moyer baseball and be featured in the next issue of The Blue Heron Reporter.

Copy the questions below into an email, answer them correctly and submit to Pamela@moyerfoundation.org by March 1, 2012. All entries with correct answers to the questions listed below will be submitted for a drawing.

- 1 What location and what year was the first Camp Erin established?
- 2 Who is Camp Erin named in memory of? (First and last name please)
- 3 How many Camp Erin/TAPS locations were established there in 2011?
- 4 There were 6 new Camp Erin Locations in 2011. Can you name 3? (Hint: It was in the Spring/Summer Issue of the Blue Heron Reporter)
- 5 What was your favorite memory of Camp Erin? (Trick question. There is no correct answer.)

Resources

MOVIE



My Girl (1991) PG-13

This is a charming film about an eleven-year-old girl whose mother died in childbirth. She has been raised by a somewhat aloof father and a senile grandmother. The key issues are the death of her best friend, eliciting the earlier trauma, and her reaction to a replacement parent.

BOOK

Tiger Eyes By Judy Blume

Davey has never felt so alone in her life. Her father has passed and her family has moved to New Mexico to try to recover. There, Davey meets mysterious Wolf. Wolf is the only person who seems to understand the rage and fear Davey feels. Slowly, with Wolf's help, Davey realizes that she must get on with her life. But will she be able to leave the past behind and move toward the future?



WEBSITE

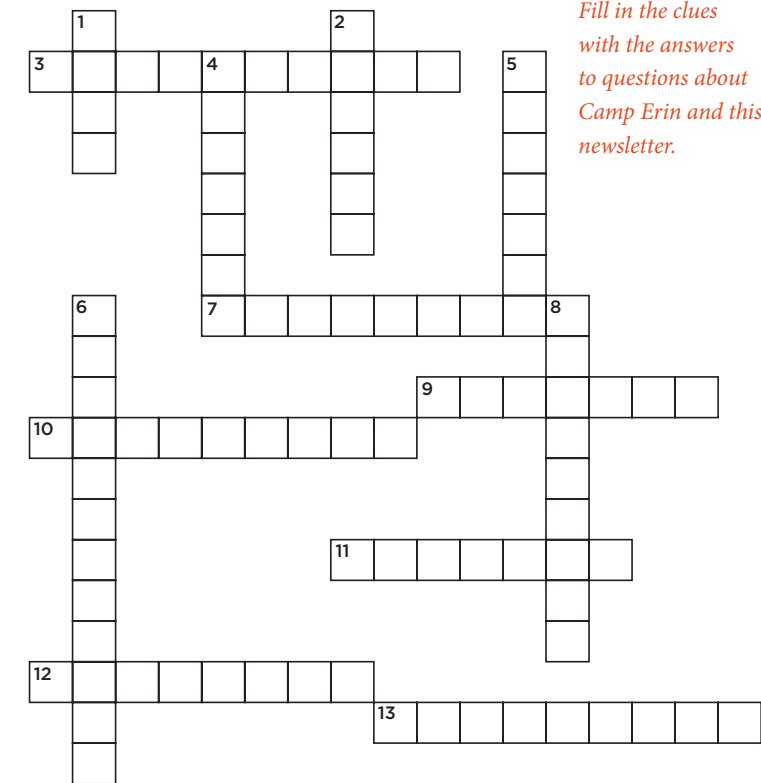
National Bereavement Resource Guide

"Wherever you are grieving...
Wherever you are in the grieving process...
We are here to help."



New York Life Foundation is proud to partner with The Moyer Foundation to provide the National Bereavement Resource Guide, a compilation of state and local resources for people experiencing loss. The guide will be offered in print and online at www.moyerfoundation.org

CAMP ERIN CROSSWORD



Fill in the clues with the answers to questions about Camp Erin and this newsletter.

ACROSS

3. MLB pitcher and founder of The Moyer Foundation
7. Book mentioned in the 'Resources' section of the newsletter
9. He was created in 1930 as a marketing promotion
10. Name of this newsletter (no peeking)
11. The world's tallest _____ was 122 ft, and it was made in Maine in 2008
12. The team Jamie Moyer won a World Series with in 2008
13. Who is the author to seven across?

DOWN

1. Camp Erin's partner organization for our military base camps (abbr.)
2. Movie mentioned in the 'Resources' section of the newsletter
4. City of the first Camp Erin location
5. City where The Moyer Foundation was established
6. City where the Moyer Foundation opened a new office in 2011
8. What has 6 sides, but no two are alike? (Hint: In the 'Fun Facts' section)

Happy Holidays and Happy New Year!

Thanks for making this another great year at Camp Erin! Wishing you all the best this holiday season. May your holidays be filled with the warmth and love of your closest family and friends, and may the New Year bring you peace, happiness and prosperity.

FROM KAREN, JAMIE & THE MOYER FOUNDATION STAFF

Karen & Jamie pictured at The Moyer Foundation's 2011 Annual Giving Luncheon



Stay connected with Camp Erin and The Moyer Foundation!

WEBSITE: WWW.MOYERFOUNDATION.ORG
TWITTER: [@MOYERFOUNDATION](https://twitter.com/MOYERFOUNDATION)

FACEBOOK: WWW.FACEBOOK.COM/THEMOYERFOUNDATION
CAMP ERIN PARENTS: WWW.CAMPERINPARENTS.COM



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"Where children learn to grieve and heal"

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