



Thursday, October 6th

8:30 – 9:00AM **Registration**

9:00 – 9:10AM **Opening Remarks**

Harbor Dining Room

Karen Moyer, President, The Moyer Foundation

9:10 – 10:10AM **Keynote-**

Harbor Dining Room

Transforming Trauma – How to do this work and not completely lose our minds

Laura van Dernoot Lipsky,

Author, Trauma Stewardship, an Everyday Guide to Caring for Self While Caring for Others

We will explore the cumulative toll that being exposed to hardship, crisis, trauma, and suffering has on individuals, organizations, and movements.

10:10 – 10:30AM **Break**

Breakout Sessions:

10:30 – 12:00PM **Healing Around the Community Camp Fire: The Use and value of Community Collaboration**

Harbor Dining Room

Rene Searles McClatchey, PhD, LCSW, Assistant Professor, Kennesaw State University; Founder & Director, Camp MAGIK

Jane Wimmer, PhD, LCSW, Assistant Professor, Dalton State University

Bett Potazek, Artistic Director, Kaiser Permanente Educational Theatre Program

In order to maximize camp outcomes, community collaboration is of utmost importance. This workshop will describe how a state university, a community nonprofit bereavement program, and an educational theatre program partnered to create a program that resulted in an empirically proven and award winning children's bereavement camp. The audience will learn the process, the advantages, barriers to overcome, and the outcome of this community collaboration and be able to view a performance of the resulting theatre production.

The Dirt on Childhood Grief: Bereavement Camp Research and Practice

Cove

Tina Barrett, EdD, LCPC. Director, Executive Director, Tamarack Grief Resource Center

What do we know about structuring bereavement camps in order to maximize the benefits for participants? This interactive seminar will examine integrating the results of research and the value of nature-based grief programming. Together we will examine emergent themes from a qualitative analysis, explore participant perceptions of grief camp, and illuminate practical strategies to foster these potential benefits in day camp, residential camp, and retreat settings.

Nurturing Traumatic Grief at Camp

Pacific Boardroom

Heather Hill, LCSW, Providence Hospice, Camp Erin Portland

Jennifer Traeger, LCSW, Providence Hospice, Manager of Social Services

This session will provide an overview of the impact of traumatic grief on children and how to design camp programming that is healing for children with traumatic grief.

12:00 – 1:00PM **Lunch** (included with registration fee)

Breakout Sessions:

1:00 – 2:30PM

Creative Expression and Healing for Grieving Teens

Cove

Laraine Gordon, LCSW, MSW, Owner & Executive Director, Time for Teens

This breakout session will address how creativity and experiential techniques strengthen adolescent resiliency following a loss. Experiential work is action oriented and dramatic, the results are powerful and can be life changing for teens struggling with painful experiences. Warm up improvisational exercises and creative expression for the adolescent population will be explored.

Scheduling: Creating Educational, Yet Fun Camps

Harbor Dining Room

Darren Wenz, LICSW CT, Coordinator, BRIDGES: A Center for Grieving Children
Michelle Schuyleman, LMHP, Family Support Coordinator, BRIDGES: A Center for Grieving Children
Heather J. Neal, LICSW CT, Supervisor Grief and Loss Services, BRIDGES: A Center for Grieving Children

Bereavement camps provide an opportunity for children to be children while also processing their loss and how it affects them. An effective camp balances therapeutic activities with typical camp activities in a way that allows for a positive camp experience. This seminar will go over learning styles and how to create activities appropriate for various learning styles, pacing of camp and how to work current knowledge about children's grief into a camp model.

Fallen Heroes: Dealing with Military Loss

Pacific Boardroom

Heather Campagna, National Director of Youth Programs, TAPS

This presentation will discuss options in supporting those who have lost a loved one in the military while giving a basic understanding of military culture and how the grieving process is different compared to their civilian counterparts. The presentation will discuss how to most effectively reach these children by a peer based support group, concentrating on the likeness of military service. The presentation will concentrate on coping with grief in a military culture while using the *Companionship* method to help each other heal.

2:30 – 2:45 **Break**

2:45 – 3:45PM **General Session**
Harbor Dining Room

Matt Logelin, Author, *Two Kisses For Maddie*

A conversation on how Matt chose to keep moving forward, despite his devastating grief, in order to make a life for his daughter.

3:55 – 4:55PM **Therapy Dogs**
Harbor Dining Room

Rachel Wright, Program Manager- Pet Partners Service Delivery, Delta Society

6:00 – 8:00PM **Networking reception: Sullivan's Steakhouse**
Remarks: **Chris Park**, President, New York Life Foundation
Hors d'oeuvres provided by Sullivan's



FRIDAY, October 7th

9:00 – 10:00AM **Keynote-**
Harbor Dining Room

Abby Rike, Former NBC hit-reality series "The BIGGEST Loser" contestant, author, motivational speaker

10:00 – 10:15 **Break**

Breakout Sessions:

10:15 – 11:45PM **Creating Volunteer Enthusiasm & Engagement**
Cove

Suz McIver, Director of Volunteers, Midland Care

This sessions offers tried and true solutions to keep bereavement programs growing and volunteers engaged.. Practical tips, relevant topics and creative tools can build a dynamic work group of committed volunteers. Through in-depth training and orientation, volunteers augment and reinforce the work that occurs in the bereavement camp, providing assistance

in much-needed but easily overlooked areas. Volunteers can build lasting and significant relationships that bring hope, comfort and support to the children, youth and their caregivers. When this happens, volunteers find fulfillment and a sense of purpose, becoming champions for those in need.

Healing Circles: The Art of Bereavement Quilting in the Lives of Families in Which a Child Has Died

Pacific Boardroom

Nancy Cincotta, MSW, MPHIL, Director of Psychosocial Services, Camp Sunshine

Within the context of a family camp program, a quilting program was created to help families address some of the clinical issues that they encounter after the death of a child. The emotions of the bereavement journey and the quilting process can parallel each other. This program incorporates a group work and recreational model within the context of a camp program. This presentation will focus on the clinical and practical considerations, and the many trials and tribulations encountered in this particular program which has been running at a family camp center for several years.

Application of a Children's Bereavement Model of Care in a Camp Setting

Harbor Dining Room

Beverly Goldsmith, MSW, Providence Hospice of Seattle

Lulu Verneil, LICSW, Providence Hospice of Seattle

This presentation will review clinical practice strategies which best support grieving children, based on research as well as a practice model. It will include specific examples of clinical grief activities and an experiential exercise for small group sharing. The goal is to better tool camp directors to offer clinical activities that offer optimum grief support opportunities in a camp setting.

11:45 – 1:00PM **Lunch** (included with registration fee) Will include table topics.

Breakout Sessions:

1:00 – 2:30PM **Rebuilding After Loss: Project-based Healing and The Birdhouse Project**

Cove

Kris Munsch, Author and Teacher, The Birdhouse Project

Jeff Fouquet, Author and Teacher, The Birdhouse Project

In this experiential introduction to project-based healing, the authors explain how to disrupt the perpetual cycle of sadness long enough to make sense of all the confusing emotions that accompany the loss of a loved one. Attendees will witness how, by facilitating deep reflection, The Birdhouse Project demonstrates the transformative power of the rebuilding metaphor, encouraging the grief-stricken to pick up the pieces of their lives and put them back together, piece-by-piece, with intention. By moving through the four realms of

integrated learning and taking an active role in their recovery, people really can discover a safe space to host new life.

What Makes it Work: A Mixed Methods Research Approach to Evaluating Camp

Pacific Boardroom

Rene Searles McClatchey, PhD, LCSW, Assistant Professor, Kennesaw University;
Founder & Director, Camp MAGIK

Jane Wimmer, PhD, LCSW, Assistant Professor, Dalton State University

This presentation will describe the outcome of a mixed methods approach to evaluating the outcome of a camp model. By first describing a quantitative outcome study of camp, including literature review, research method, and outcome and next the follow up qualitative study, including method and results, the participants will be able to identify how a mixed methods approach can pinpoint the important components of an effective healing camp.

How to Choose: Discussion of Family Camps and Youth Camps

Harbor Dining Room

Janet Breen, LPC, Methodist Family Health/Kaleidoscope Grief

Courtney D'Amico, Program Manager, Comfort Zone Camp

Melissa Von Der Heide, Camp Director, Camp Starbright

Join the discussion about the benefits and the drawbacks of the various models of bereavement camps. Bereavement day camps, overnight camps, teen camps, family camps, and adult camps will all be examined so you can decide which one would best benefit the population you serve!

2:30 – 2:45

Break

2:45 – 4:15PM

General Session: Does Grief Come in “One Size Fits All?”

Harbor Dining Room

Darcie D. Sims, PhD, CHT, CT, GMS, President, Grief Inc. Director, American Grief Academy, Grief Incorporated, American Grief Academy

Does grief come in one-size fits all? Does everyone have to grieve the same way? What influences the way people grieve and are there “right” and “wrong” ways to grieve? This workshop will discuss various coping styles for both children and adults and the factors that may influence them. Discover how temperament, character and personality affect grieving styles. You’ll identify your own personal style of coping and learn how to create grief interventions that are tailor-made to different grieving styles and ages. It’s a serious message with a light touch!

4:15 – 4:45PM

Closing Remarks

Harbor Dining Room

Representative, The Moyer Foundation

Closing Circle/Ceremony:

Harbor Dining Room

Camp Erin Indianapolis



THE MOYER FOUNDATION

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