



## **James Aultman, MSW, LICSW**

Individuals, Couples, Families

**Voice mail: (206) 527-2273 ext. 305**

### **Experience:**

- Over 20 years as a therapist with children, youth, adults, and families
- Licensed Independent Clinical Social Worker
- Worked with a wide variety of clients in inpatient and out patient settings

### **Professional Interests and Specialties:**

- Working with children (ages 5 and above), adolescents, adults and their families
- Helping clients with depression, anxiety and life transitions
- Family therapy
- Couples, pre-marital counseling and relationship issues
- Guided Imagery and Music (G.I.M.)- a therapeutic process using music and a trained facilitator to create an environment in which one can experience personal insights that provide answers and guidance for important life issues.

### **Education:**

- Masters of Social Work, Louisiana State University
- B.A. Psychology, University of New Orleans